

LOG-A-
RHYTHM

RELATIONSHIPS

BEGINNING

DEVELOPMENT

ISSUES

IMPLEMENTATION

END &
FUTURE

LOGGING
ACTIVITIES

IDENTIFYING
PATTERNS

SIBLINGS

PARENTS

FRIENDSHIPS

INTIMATE

BUSINESS

NEIGHBORS

GROUPS

ANIMALS

AWARENESS

ATTRACTION

COMMUNICATION

CONTACT

INVOLVEMENT

DEEPER
INTERACTION

STORIES &
PROJECTIONS

TOLERABLE
COMMUNICATION

VALUE OF
MINDFULNESS

DEFINE
INTENDED
CONDITIONS
& CAUSES:

HONESTY

SPIRITUAL
GROWTH

DEFINE
PERSONAL
VALUES

LISTENING/
BEING LISTENED
TO

WHAT MIGHT
WE LEARN
FROM THE
OTHER
PERSON
1. LITERAL
2. KARMICALLY

GTDGN

VALUES

MONEY
SPENT & SAVES
EARNED

INTIMACY &
NEEDS
SEXUAL
CLOSENESS
AFFECTION

How to GET
THINGS DONE

CONSTITUTIONAL
& PERSONALITY
TYPES

EVERYTHING
CHANGES

AT SOME POINT
ALL RELATIONSHIPS
END

IF IN DOUBT,
MEDITATE
ON DEATH

IF CONTINUE
ESTABLISH
INTENT
TO GROW

IF END LOOK
BACK &
APPRECIATE
TIME SPENT
& GROWTH

