

## **JEWEL – 3/21/17**

**This is an update to the first post about Jewel and her endeavor: [jewelneverbroken.com](http://jewelneverbroken.com). I've been going through the videos and exercises on her website. They are very good (I'm not sure why she asked for "passionate partners" at Wisdom 2.0 – I think she has this very much under control !!).**

**The "Alchemy and Artistry of Ideas" as proposed in the IdeaGram concept seeks to share what I've been doing and invite participation by others.**

**I'm sure I could spend the better part of my days and a good part of the rest of my life just creating different IdeaGrams. It would never end (not my life, but the search for important things to share). I'm never sure when I'll grab a pencil, ruler and make a legible creation. It depends on my time and interest.**

**What is interesting from my point of view is that these are often not "creations" but re-statements of things that I've read and want to understand in a deeper way or share with others. The following IdeaGram is one of those.**

**The relationship to Jewel is that this IdeaGram regarding "Grades of Exaltation" was inspired while reading Jewel's book and thinking about what she has said about happiness. In particular, in relation to some of the touching moments that she describes that are so transcendent in nature. This one is not a re-statement of anything she said or wrote – but it identifies some of her significant feelings and places them in a different perspective as presented by the Sufi master Hazrat Inayat Khan.**

**I've not yet converted Jewel's page in Author's Corner to an expanded version but I hope to do so soon. In the meantime please enjoy the following IdeaGram that describes the physical, moral and spiritual aspects of exaltation (which is quite simply a deeper aspect of happiness and joy, very much beyond sensation).**