

BERTRAND RUSSELL AT EIGHTY-TWO SPEAKING OF THE FEAR OF DEATH:

“The best way to overcome it is to make your interests gradually wider and more impersonal until bit by bit the walls of the ego recede and your life becomes increasingly merged in the universal life

An individual human existence should be like a river, small at first, narrowly contained within its banks, and rushing past boulders and waterfalls. Gradually it grows wider, the banks recede, the waters flow more quietly and in the end without any visible break they become merged with the sea and painlessly lose their individual being.”